

PRE-ANESTHESIA INSTRUCTIONS (ADULT)

You have been scheduled to receive dental treatment under sedation and/or general anesthesia. The following instructions must be followed. **FAILURE** to follow these instructions could put you at unnecessary risk and result in cancellation of the appointment.

Eating and Drinking

- Morning Appointment- NO food or drinks after midnight the night before the procedure.
- Afternoon Appointment- a LIGHT MEAL may be eaten up to 6 hours prior to the appointment. A few sips of CLEAR liquids (water, apple juice) may also be consumed up to 3 hours prior to the appointment. NO MILK or other dairy drinks may be consumed!

Clothing

- Please wear comfortable, loose fitting clothes
- Please AVOID excessive jewelry as it can interfere with the procedure

Medications

- Please take all regular medication as prescribed with a small sip of water on the morning of the procedure
- IF any medications require being taken with food, please inform our office
- If you have ASTHMA or other breathing problems, please inform our office to discuss our pre-treatment regimen as it applies to you
- If you have diabetes, please inform our office to discuss our pre-treatment regimen as it applies to you

Sickness

- Please contact our office as soon as possible to report any changes in general health - persistent fever, productive cough, illness, etc.

Escort

- You are requested to arrange for someone to be with you for discharge
- You may not drive home from the procedure, someone must drive you

If you have any questions or concerns about these instructions, please contact our office at 786-486-3392.

My signature below indicates I have read and understand the instructions given to me.

Signature

Date